

Document Contacts and Travel While Self Monitoring

	Contact names	Contact phone	Travel location	Travel time
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				
Day 8				
Day 9				
Day 10				
Day 11				
Day 12				
Day 13				
Day 14				
Day 15				
Day 16				
Day 17				
Day 18				
Day 19				
Day 20				
Day 21				

If you have questions, please contact Infectious Diseases & Outbreaks Division at 1-800-338-8374. 2