

## Resources for Feeding Infants and Toddlers in Early Childhood Settings

***Caring for Our Children: National Health and Safety Performance Standards;  
Guidelines for Early Care and Education Programs, Third Edition:***  
[www.cfoc.nrckids.org/](http://www.cfoc.nrckids.org/)

**Choose My Plate:**  
[www.choosemyplate.gov](http://www.choosemyplate.gov)

**Let's Move! Child Care:**  
[www.healthykidshealthyfuture.org/welcome.html](http://www.healthykidshealthyfuture.org/welcome.html)

***Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child  
and Adult Care Food Program:***  
[www.fns.usda.gov/tn/nutrition-and-wellness-tips-young-children-provider-handbook-child-and-adult-care-food-program](http://www.fns.usda.gov/tn/nutrition-and-wellness-tips-young-children-provider-handbook-child-and-adult-care-food-program)

**USDA Recipes for Child Care Centers and Homes:**  
[www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-child-care-centers-0](http://www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-child-care-centers-0)  
[www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-homes](http://www.fns.usda.gov/tn/recipes-healthy-kids-cookbook-homes)