

**BUILDING A HEALTHY START:**  
**Professional Development for Caregivers of Infants and Toddlers**  
**Module 1: Feeding Infants and Toddlers in Early Childhood Settings**

## Training Evaluation

Date of training: \_\_\_\_\_ Trainer: \_\_\_\_\_

My race/ethnicity: (Choose one)

<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Asian
<input type="checkbox"/> Black or African American	<input type="checkbox"/> Hispanic/Latino
<input type="checkbox"/> Native Hawaiian or Other Pacific Islander	<input type="checkbox"/> White
<input type="checkbox"/> More than one race	

What county in Alabama do you live in? \_\_\_\_\_ **or**  I live outside of Alabama

### Training Objectives

At the end of this training, participants will be able to:

- Describe best practice for feeding infants, including promoting breastfeeding.
- Describe developmentally appropriate ways to introduce solid foods and other fluids.
- Identify nutritious foods and appropriate servings for toddlers.

**Please circle the number on the right that corresponds to the statement about the training.**

**Scale: 1 = Not at all 2 = Somewhat 3 = Yes, good work 4 = Yes, this was excellent**

The information presented was easy to understand.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The training provided me with new knowledge.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The trainer was knowledgeable and answered questions.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The handouts provided were helpful to me.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The activities increased my understanding of the topic.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The length and format of the training was appropriate.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The slide presentation was appropriate and helpful.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>
The training session was interesting.	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>

One new thing that I learned from this training is:

One thing that I will do differently as result of this training is:

Other comments: