

Converting a Sports Physical Visit to an EPSDT Visit

Do you know how easy it is to convert a Sport Physical to an EPSDT visit?

By using this handy guideline and adding the following services to what you are already doing for your patients, you will improve your measurement scores for EPSDT visits.

(Additions to Sports Physical Visit shown in **GREEN**)

- Comprehensive health and development history
 - ♦ Complete medical history (including chronic disease)
 - ♦ Complete familial history
 - *Medication Reconciliation
- Comprehensive physical exam
 - ♦ Wt/Ht/*HC/BP (2 years old and up)/BMI
 - ♦ General Appearance
 - Skin/HEENT/Neck/Nodes/Chest/Lungs
 - Pulses/Abdomen/♦*Genitalia
 - Spine/Extremities/Gait
 - Neurologic
- Vision and *Hearing Screening
- *Developmental Surveillance
 - ASQ or M-CHAT
- Nutritional assessment
- *Age appropriate lab analysis
 - Cholesterol/Lipoprotein (per AAP guidelines)
 - HCT/Hgb (per AAP guidelines)
 - ♦ HIV/other STIs (Age and Risk appropriate)
- *Dental/Oral health assessment and education
 - Fluoride varnish
- Health education and counseling (Bright Futures)
 - Steroid use (specific to Sports Physical Visit)
 - Physical activity
 - Helmet/safety gear
 - Passive smoking/smoking/chewing
 - Puberty
- Age appropriate mental health and substance abuse screening
 - ♦*Self harm /Safe at home/drugs and alcohol
- *Immunizations
- *Coordination of Care - referrals
 - Behavioral Health
 - Physical/Occupational Therapy
 - Dental
 - Chronic Disease Specialists

*Not on a typical Sports Physical

♦On IHE for Foster Care Patients

Frequently Asked Questions

What are the billing requirements specific to EPSDT?

- Use the appropriate diagnosis code when billing any EPSDT screening service, CPT® 99381-99395 (i.e., Z00.129 - Encounter for routine child health examination without abnormal findings).
- Bill for services such as laboratory work, hearing tests, x-rays, or immunization administration using the appropriate procedure code(s), along with the EPSDT screening (CPT® 99381 - 99395) on the same CMS-1500 claim form. [EPSDT Provider Guide 10-1-2015]

What if a problem is identified during a screening examination?

- If a health problem is identified during a screening examination, the provider may:
 - Refer the client to an appropriate agency provider or to the client's agency-contracted managed care organization (MCO), if applicable, for medical treatment. Provide the service for the client (if in the provider's scope of practice).
 - Conduct extended developmental testing using a standardized instrument completed by the provider or other trained personnel. [EPSDT Provider Guide - 10-1-2015]

What additional screening components may be billed?

- For fee-for-service clients, the following screening services may be billed in addition to the EPSDT screening codes
 - Appropriate audiometric tests (CPT® 92552 and 92553)
 - Appropriate laboratory tests, including testing for anemia
 - Appropriate testing for blood lead poisoning in children in high risk environments (CPT® 83655). When billing, use ICD Z77.011 or Z13.88 (special screening for other conditions, chemical poisoning, and other contamination). Developmental screening (w/ interpretation and report CPT® 96110)
 - Developmental test extend (w/ interpretation and report CPT® 96111) [EPSDT Provider Guide - 10-1-2015]

What is included on an *Initial Health Eval for Foster Care patients?

- An IHE includes the following:
 - Height and weight for all children, and head circumference for children younger than age three
 - Careful examination of the entire body to include the unclothing of each body surface at some point during the examination — because some children entering foster care have been victims of physical or sexual abuse, note and document the following:
 - Any signs of recent or old trauma
 - Bruises, Scars, Deformities
 - Limitations in the function of body parts or organ systems
 - Appropriate imaging studies to screen for a recent or healing fracture — consider if there is a history of physical abuse before placement or if signs of recent physical trauma are present.
 - Genital and anal examination (all clients)
 - Laboratory tests for HIV and other STIs
 - Documentation and prompt treatment of other infections and communicable diseases
 - Evaluation of the status of any known chronic illness — to ensure that appropriate medications and treatments are available [EPSDT Provider Guide 10-1-2015]