



### **Children's Eye Health & Safety Month 60 Sec PSA**

When was your child's last comprehensive eye exam? August is Children's Eye Health and Safety Month. Have your child's doctor examine their eyes during their annual well visit, starting at age three. If they see issues, they can refer you to an ophthalmologist.

Look for warning signs: wandering or crossed eyes. Does your family have a history of childhood vision problems? A disinterest in reading or viewing distant objects and squinting for turning their head in an unusual manner while watching TV? These could indicate possible vision issues or concerns.

Additionally, encourage your child to practice eye safety. Eye injuries are the leading cause of vision loss in children. Help prevent your child from being one of 12 million children with vision impairment. Make sure they are wearing protective eyewear while playing sports, purchase age appropriate toys, and avoid toys with sharp or protruding objects.

This is brought to you by the Alabama Department of Public Health and this station.

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