



Harris COVID-19 60 Sec PSA

This is State Health Officer Doctor Scott Harris. I want to take a moment and thank you for your efforts to limit the spread of COVID-19. We're seeing a downward trend when it comes to case numbers and hospitalizations, and I think that's something to be proud of.

As we continue to cautiously monitor the situation here in Alabama, we must remember that this pandemic is ongoing, and that we can't underestimate this virus. Now, more than ever, it's important that we stay committed and continue to do what we can to keep ourselves and others safe.

When you go out, be sure to wear a mask or cloth face covering and practice social distancing, making sure to stay at least 6 feet away from others. Be sure to wash your hands frequently with soap and water for at least 20 seconds, and cover coughs and sneezes. Avoid close contact with people who are sick, and clean and disinfect commonly used items and commonly touched surfaces often.

For the latest on Coronavirus, visit Alabama-Public-Health-dot-gov.

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