



### **Mask Care 30 Sec PSA**

You're doing your part and wearing a mask, but how often are you washing or swapping it? Masks and face coverings can be sources of dirt, sweat, and bacteria that cause "maskne" or skin irritation.

Make sure to regularly wash cloth masks as directed or invest in disposable masks that can easily be swapped out to keep your face – and your family's faces – clean and covered.

This message is brought to you by the Alabama Department of Public Health and this station.

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