



### **Social Distancing 30 Sec PSA**

Let's talk about the importance of social distancing. When paired with consistent mask wearing and hand washing, social distancing helps to further decrease the spread of coronavirus – since the virus is transmitted mainly through droplets and aerosol particles.

Even outdoors, remember to stay at least 6 feet (or about 2 arms' length away) from others – even while wearing a mask or face covering.

Social distancing doesn't mean giving up gathering, but it does mean gathering safely. For more information, visit our website at [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).

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