Twenty-Seventh Annual Obstetrics and Gynecology Conference
September 27 - 28, 2018

The Battle House Hotel & Spa
Mobile, Alabama
TARGET AUDIENCE
This program will be of particular interest to Obstetricians and Gynecologists, Family Medicine Physicians, ARNPs, PAs, CNMs, Nursing Professionals, Social Workers, and other healthcare team members interested in the healthcare of women and newborns.

OBJECTIVES
This educational activity was developed in response to needs of healthcare providers in the fields of obstetrics, gynecology, family medicine, nursing, and social work from previous course evaluations, government guidelines, American College of Obstetrics and Gynecology (ACOG), and as identified by the USA Department of Obstetrics and Gynecology.

At the conclusion of this activity, the healthcare team will be able to:
1) Incorporate guidelines based on ACOG criteria for practice management into clinical practice to improve obstetrical care.
2) Evaluate information as presented to incorporate recommended best practice into the women’s healthcare team.

Disclosure
The University of South Alabama, College of Medicine adheres to ACCME Standards for Commercial Support Criterion regarding industry support of continuing medical education. Disclosures of the planning committee and faculty’s commercial relationships will be made known at the activity.

Planning Committee
Lisa B. Spiryda, MD, PhD, Chair; and Casey Armistead, MSN, RN; have financial relationships to disclose. Cathy Black, Elizabeth Kirby, Stacy Wagner, Nichelle Bradley, Melissa Brown, Sharrice Cranford, LMSW, Karen Herrington, and Shanoa Reed declare they have no relevant financial relationships to disclose.

USA FACULTY

Charles Hanes, MD
Adjunct Associate Professor
Department of OB/GYN
University of South Alabama

Charles Miles Harmon, MD
Assistant Professor
Department of Pediatrics
Neonatology Division
University of South Alabama

Jennifer Young Pierce, MD, MPH
Professor
Gynecology Oncology
Mitchell Cancer Institute
University of South Alabama

Bassam Rimawi, MD
Assistant Professor
Department of OB/GYN
Maternal Fetal Medicine Division
University of South Alabama

Lisa B. Spiryda, MD, PhD
Professor and Chair
Department of OB/GYN
University of South Alabama

Renee Sprague, MSN, RN
Bridge Program Coordinator
NICU Parent Educator
USA Children’s & Women’s Hospital

Franklin Trimm, MD
Associate Dean, Diversity and Inclusion
College of Medicine
University of South Alabama

Stephen TF Varner, MD
Associate Professor
Department of OB/GYN
University of South Alabama

SPECIAL GUEST SPEAKERS

Zsakeba Henderson, MD
Medical Officer
Division of Reproductive Health, NCCDPHP, Centers for Disease Control and Prevention

Karen F Marlowe, Pharm D, BCPS, CPE
Assistant Dean, Professor
Harrison School of Pharmacy
Auburn University

Seema Menon, MD
Assistant Professor
Department of OB/GYN
Medical College of Wisconsin

Beverly Hugel, APRN, MSN, WHNP-BC
Centering Program Manager
Department of OB/GYN
University of South Carolina

Megan Mileski, MSN, RN
Assistant Professor
Ida School of Nursing
Samford University
CONFERENCE SCHEDULE

THURSDAY, SEPTEMBER 27

7:15 – 7:45  Registration
Continental Breakfast and Exhibits in Pre-Conference Area

7:45 – 7:50  Welcome/Opening Remarks: Lisa B. Spiryda, MD, PhD

7:50 – 8:35  Zsakeba Henderson, MD
How Can I Improve My Patients’ Breastfeeding Success and Why Should I Bother?

8:35 – 9:20  Lisa B. Spiryda, MD, PhD
Pap Tests, HPV and Cervical Cancer Screening: What is dictating screening guidelines? - Insurance companies or evidence based medicine?

9:20 – 10:05  Seema Menon, MD
Nuts and Bolts of Pediatric & Adolescent Gynecology

10:05 – 10:30 Break

10:30 – 11:15  Franklin Trimm, MD
Why Diversity Matters in Healthcare

11:15 – 12:00  Charles Hanes, MD
Pelvic Reconstructive Surgery: It’s all about the apex

12:00 – 1:00 Lunch

1:00 – 1:45  Charles M. Harmon, MD & Renee Sprague, RN
USA Children’s & Women’s Bridge Program: bridging gaps in the care of mothers with high risk pregnancies.

1:45 – 2:30  Bassam Rimawi, MD
Caring for Pregnant Women Exposed to Zika Virus

2:30 – 2:45 Break

2:45 – 3:30  Beverly Huegel, MSN, WHNP-BC
Diabetes & Pregnancy: How can I get my pregnant diabetic to be more compliant?

3:30 – 4:15  Stephen TF Varner, MD
A Real Pain in the @$#!: Vulvodynia update

4:15 Evaluation and Adjourn

FRIDAY, SEPTEMBER 28

7:15 – 7:45  Registration
Continental Breakfast and Exhibits in Pre-Conference Area

7:45 – 7:50  Welcome: Lisa B. Spiryda, MD, PhD

7:50 – 8:35  Beverly Huegel, MSN, WHNP-BC
What is Centering Pregnancy and How Does It Compare to Traditional Prenatal Care?

8:35 – 9:20  Zsakeba Henderson, MD
Improving Maternal Morbidity in the Southeastern US

9:20 – 10:05  Lisa B. Spiryda, MD, PhD
2018 Updates from ASCCP: Screening in special populations and introduction of colposcopy standards

10:05 – 10:25 Break

10:25 – 11:10  Jennifer Young Pierce, MD, MPH
Improving HPV Vaccination Rates in the Southeastern US

11:10 – 11:55  Charles Hanes, MD
Urinary Incontinence – Understanding the Basics

11:55 – 12:45 Lunch

12:45 – 1:30  Karen F Marlowe, Pharm D, BCPS, CPE
Combating Drug Misuse and Abuse

2:30 – 2:40 Break

2:40 – 3:40  Karen F Marlowe, Pharm D, BCPS, CPE
Bridging the Gap Between Pain Management and Drug Diversion

3:40 – 4:25  Megan Mileski, MSN, RN
Empowering Labor Nurses to Advocate for Physiologic Birth

4:25 Evaluation and Adjourn

Opportunities for Q&A will be provided at the conclusion of each presentation.

Downtown Mobile offers a genuine southern experience in a historic, yet vibrant setting. A walkable downtown offers world-class accommodations, retail shops, a unique movie theater, museums, art galleries, and a lively entertainment district. Downtown boasts a variety of restaurants offering fresh, local seafood and eclectic fare from casual to fine dining. The Gulf of Mexico with beautiful white-sand beaches is only a short distance away.

The Battle House Hotel & Spa
26 North Royal Street, Mobile, AL 36602
(251) 338-2000

With historic appeal and modern amenities our host hotel, the Battle House Hotel & Spa, offers guests a very comfortable and relaxing stay including a full-service spa & rooftop pool. A courtesy block of lodging rooms will be available for September 26–29 at a rate of $149/night. You may make your reservation by calling 1-866-316-5957 and mention this conference. Deadline for the discount rate is September 6, 2018. Cancellation Policy: 72 hours before arrival.

ALTERNATIVE ACCOMMODATIONS

Renaissance Riverview Plaza Hotel
64 S Water St, Mobile, AL 36602
(251) 438-4000

Quality Inn Downtown Historic District
255 Church St, Mobile, AL 36602
(251) 433-6923

Hilton Garden Inn Mobile Downtown
15 N Conception St, Mobile, AL 36602
(251) 345-4505

Candlewood Suites Mobile-Downtown
121 North Royal Street
Mobile, AL 36602
(251) 690-7818

Hampton Inn & Suites Mobile-Downtown Historic District
62 S Royal St, Mobile, AL 36602
(251) 436-8787
University of South Alabama  
Department of Obstetrics and Gynecology  
Registration Form  
*(please print)*

Name _____________________________________________________________  
First __________  Last __________  Degree/Title ____________________________  

Address ____________________________________________________________________________________________________________  
City __________________________ State _______ Zip __________  Phone ____________________________  
Hospital/Office Affiliation ____________________________________________________________  
Phone __________________________ Fax __________________________ E-Mail ____________________________  

Please check days you will attend: ☐ September 27 & 28  ☐ Sept. 27 only  ☐ Sept. 28 only  
Parking Pass: ☐ One Day  ☐ Two Days  Total: $__________________________  

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Mail in Registration: Make check payable to: SAMSF (South Alabama Medical Science Foundation)  
Mail to Casey Armistead, OB/GYN Department, 251 Cox Street, Suite A, Mobile, AL 36604  

Cancellation/Refund Policy: Submit written notification by August 31, 2018 by fax to (251) 415-1552 or by e-mail to marmistead@health.southalabama.edu. No telephone cancellations. A 50% refund will be given if postmarked on or before August 31, 2018. No refunds after September 11, 2018. For more information, please call (251) 415-1491 or (251) 415-1598.  

Directions: The Conference will be on the second floor of the Battle House Hotel located at 26 North Royal Street, Mobile, Alabama 36602. There are multiple entrances to the hotel on this block. The self-parking garage is located at 8 South Water Street, Mobile, Alabama 36602.  

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**COURSE FEES**  

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**Special Needs Statement**  

Special Needs Statement: Participants requiring special accommodations or with dietary restrictions should contact registration one week prior to date of activity. USA is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.  

Fee includes course registration, continental breakfast, lunch, and snack.  

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USA employees receive a discount on course fee - nurses & PAs $45/day. USA physician discount $50/day. To receive this discount you must use paper registration and you must indicate your department. Discount not available on on-line registration.  

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We would like to thank our planning committee, special guest speakers, faculty, participants, donors, and the following exhibitors: Cooper Surgical, Alabama Organ Center, LabCorp, ProAssurance, and USA Children’s & Women’s Hospital.