Alabama Breastfeeding Resource Guide 2020
Breastfeeding Resource Guide Changes

Please make any changes that may have occurred within your clinic, hospital or district.

Breastfeeding Counselor(s)/Credentials: ________________________________
_________________________________________________________________
_________________________________________________________________

Place of Employment: ____________________________   Phone: ________________

County: ___________________________________________

Prenatal Breastfeeding Class?    Yes _____    No _____

Postpartum Breastfeeding Support Group?    Yes _____    No _____

Breast Pump Rental Station?    Yes _____    No _____

La Leche League Contact: __________________________   Phone: ________________

Additional information:  _________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Please send changes to:

Email:  michell.grainger@adph.state.al.us
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Autauga County

WIC Breastfeeding Counselors
334-361-3743
• Jennifer Holtzscher, RD

Prenatal Breastfeeding Classes
• Autauga County Health Department
  334-361-3743

Postpartum Breastfeeding Support Groups
• Autauga County Health Department
  334-361-3743

Baldwin County

Thomas Hospital
251-279-1478
• Mary Ann Roh, RNC
• Sandee Nabor, RN, CLC, IBCLC
• Scotty Thomson, RN, IBCLC

Prenatal Breastfeeding Classes
• Thomas Hospital, 251-279-1478
  North Baldwin Infirmary, 251-239-2296
• South Baldwin Regional Medical Center 251-949-3676

Postpartum Breastfeeding Support Groups
• North Baldwin Infirmary Baby Bistro-251-239-2296
• Eastern Shore Baby Café
  251-279-1478
  Scotty Thompson, RN, IBCLC

Barbour County

WIC Breastfeeding Counselors
(Eufaula) 334-687-5950
• Angela Stevens, RD

Bibb County

WIC Breastfeeding Counselors
205-926-9702
• Sandy Wilson, NA
• Lee Ann Wagner, RD
**Blount County**

**WIC Breastfeeding Counselors**  
205-274-2120  
- Tia Johnson, RD

**Other Counselors**  
- Crystal Terry, MA, CLC  
  Community Action Partnership of North Alabama-Head Start  
  256-260-3140 or 256-278-6788  
- Heidi Powell, RN, IBCLC  
  Jenny Mizzell, RN, IBCLC  
  Central Alabama Lactation Services  
  205-543-0529

**Prenatal Breastfeeding Classes**  
- Blount County Health Department  
  205-274-2120  
- Central Alabama Lactation Services  
  205-543-0529

**Postpartum Breastfeeding Support Group**  
- Blount County Health Department  
  205-274-2120

**Bullock County**

**WIC Breastfeeding Counselors**  
334-738-3030  
- Tracey Johnson, NA

**Butler County**

**WIC Breastfeeding Counselors**  
334-382-3154  
- Kristi Kilpatrick, RN

**Calhoun County**

**WIC Breastfeeding Counselors**  
256-237-7523  
- Rebecca Dawson, NA

**Regional Medical Center**  
256-235-5132  
- Kim Hurst, RN, IBCLC, CCCE, INHC  
- Jennifer Gallahar, RN, IBCLC, CCE  
- Andrea Record, RN, IBCLC

**Prenatal Breastfeeding Classes**  
- Regional Medical Center  
  256-235-5132

**Postpartum Breastfeeding Support Group**  
- Regional Medical Center  
  256-235-5132

**La Leche League Contacts**  
- Katie- 256-452-1622

**Chambers County**

**WIC Breastfeeding Counselors**  
334-756-0758

**Lanier Memorial Hospital**  
334-756-1625  
- Mattie Monagen, RN, NM

**Prenatal Breastfeeding Classes**  
- Lanier Memorial Hospital  
  334-756-0758
**Cherokee County**

WIC Breastfeeding Counselors  
256-927-3132  
- Teresa Alexander, RD

**Dekalb Regional Medical Center**  
256-997-2423  
- Martie Raymond, RN  
- Joan Matthews, RN, IBCLC  
  256-997-2423 or 256-997-2425

**Other Counselors**  
- Crystal Terry, MA, CLC  
  Community Action Partnership of North Alabama-Head Start  
  256-260-3140 or 256-278-6788

**Chilton County**

WIC Breastfeeding Counselors  
205-755-1287  
- Amy Cleckler, NA  
- Lee Ann Wagner, RD

**Choctaw County**

WIC Breastfeeding Counselors  
205-459-4026  
- Tina Parker, NA

**Clarke County**

WIC Breastfeeding Counselors  
251-275-3772

**Clay County**

WIC Breastfeeding Counselors  
256-396-6421  
- Jenny Adams, RD, LD

**Cleburne County**

WIC Breastfeeding Counselors  
256-463-2296  
- Jenny Adams, RD, LD

**Coffee County**

WIC Breastfeeding Counselors  
334-347-9574  
- Pamela Hill, RN

**Medical Center Enterprise**  
- 334-347-2250

**Prenatal Breastfeeding Classes**

**Medical Center Enterprise**  
334-393-8733 or 334-348-8822

**La Leche League Contacts**  
- wiregrassll@gmail.com or 334-377-3811

**Colbert County**

WIC Breastfeeding Counselors  
- Tammie Aycock, RN  256-383-1231  
- Danna Rutz, RD  256-765-7545

**Helen Keller, Hospital**  
256-386-4162  
- Dianna Castillo, RN, IBCLC

**Other Counselors**  
- Crystal Terry, MA, CLC  
  Community Action Partnership of North Alabama-Head Start  
  256-260-3140 or 256-278-6788

**Prenatal Breastfeeding Classes**  
- Helen Keller Hospital  
  256-386-4162

**La Leche League Contacts**  
- Sue-256-320-8084  
- Leighanne-256-577-2868
| County                   | WIC Breastfeeding Counselors                                      | Other Counselors                                                                                                                                                  | Postpartum Breastfeeding Support Group                                                                 |
|-------------------------|------------------------------------------------------------------|                                                                                                                                                                   |                                                                                                             |
| Conecuh County           | 251-578-1952                                                      | Crystal Terry, MA, CLC                                                                                                                                              |                                                                                                             |
|                         | • Rachel Todd, RD                                                 | Community Action Partnership of North Alabama-Head Start                                                                                                       |                                                                                                             |
| Coosa County            | 334-222-1175                                                    | Heidi Powell, RN, IBCLC                                                                                                                                              |                                                                                                             |
| Covington County        | 334-858-3683                                                    | Jenny Mizzell, RN, IBCLC                                                                                                                                              |                                                                                                             |
|                         | • Edna Cunningham, NA                                            | Central Alabama Lactation Services                                                                                                                               |                                                                                                             |
| Andalusia Health        | 334-222-8466                                                    | 205-543-052                                                                                                                                                       |                                                                                                             |
|                         | • Sharon Norris, RN, CLC                                         |                                                                                                             |                                                                                                             |
| La Leche League Contact | 334-858-3683                                                    | Cullman Medical Center                                                                                                                                              | 256-737-2221                                                                                                 |
|                         | • Sara Goolsby                                                   |                                                                                                             |                                                                                                             |
| Crenshaw County         | 334-335-2471                                                    | Cullman County Health Department                                                                                                                                 |                                                                                                             |
|                         | • Patty Rushing, RN                                               | Cullman Medical Center                                                                                                                                              |                                                                                                             |
| Cullman County          | 256-775-8595                                                    | Rebecca Stewart, RD                                                                                                                                                 |                                                                                                             |
|                         | • Kendra Whitley, RD                                              | Rachel Todd, RD                                                                                                                                                    |                                                                                                             |
|                         | • Anita Bateman, RN                                              | Amy Lightfoot, NA                                                                                                                                                  |                                                                                                             |
|                         | 256-734-1030                                                    |                                                                                                             |                                                                                                             |
|                         | Cullman Regional Medical Center 256-737-2217-Breastfeeding        |                                                                                                             |                                                                                                             |
|                         | Helpline                                                         |                                                                                                             |                                                                                                             |
|                         | Prenatal Breastfeeding Classes                                  |                                                                                                             |                                                                                                             |
|                         | • Cullman County Health Department 256-734-1030                 | Teresa Alexander, RD, LD                                                                                                                                          |                                                                                                             |
|                         | • Cullman Medical Center 256-737-2200                            | Katie Garrett, NDTR                                                                                                                                                 |                                                                                                             |
|                         | • Central Alabama Lactation Services 205-543-052                |                                                                                                             |                                                                                                             |
| Dallas County           | 334-874-2550                                                    | Joan Mathews, RN, IBCLC                                                                                                                                              | 256-997-2423 or 256-997-2425                                                                             |
|                         | • Jennifer Hicks, NA                                              |                                                                                                             |                                                                                                             |
|                         | • Ginny Sexton, RN, CLC                                           |                                                                                                             |                                                                                                             |
| DeKalb County           | 256-845-1931                                                    |                                                                                                             |                                                                                                             |
|                         | • Teresa Alexander, RD, LD                                       |                                                                                                             |                                                                                                             |
|                         | • Katie Garrett, NDTR                                            |                                                                                                             |                                                                                                             |
|                         | • Joan Mathews, RN, IBCLC                                        |                                                                                                             |                                                                                                             |
|                         | 256-997-2423 or 256-997-2425                                     |                                                                                                             |                                                                                                             |
DeKalb County

Other Counselors
- Crystal Terry, MA, CLC
  Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

Elmore County

WIC Breastfeeding Counselors 334-567-1171
- Jessica Smith, NA

Escambia County

WIC Breastfeeding Counselors (Atmore) 251-368-9188
- Lori V. Nesmith, NA
- Liane Martin, RD

WIC Breastfeeding Counselors (Brewton) 251-867-5765
- Liane Martin, RD
- Lori V. Nesmith, NA,

WIC Breastfeeding Counselors (Poarch Creek) 251-368-9136
- Jill Lee, DTR

Etowah County

WIC Breastfeeding Counselors 256-547-6311

Gadsden Regional Medical Center, 256-494-4231
- Melissa Cone, RN, IBCLC

Breast Pump/Supplies
- The New You 256-546-6398

Postpartum Breastfeeding Support Groups
- Gadsden Regional Medical Center 256-494-4334 or 256-494-4321

Fayette County

WIC Breastfeeding Counselors 205-932-5260
- Amy Baker, RN
- Leigh Ann Colvin, RD

Franklin County

WIC Breastfeeding Counselors
- Wanda Wells, RN 256-332-2700
- Danna Rutz, RD 256-765-7545

Other Counselors
- Crystal Terry, MA, CLC
  Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

La Leche League Contacts
- Rebecca 256-460-0640

Geneva County

WIC Breastfeeding Counselors 334-684-2256
- Angela Stevens, RD

La Leche League Contacts
- Kimberly, 334-791-2494
- Jodie, 334-596-2629

Greene County

Breastfeeding Counselors WIC, 205-372-9361
- Dorinda Jones, NA
- Jane Neill, RD
**Hale County**

Breastfeeding Counselors WIC, 334-624-3018
- Jane Neill, RD

**Henry County**

WIC Breastfeeding Counselors (Abbeville) 334-585-2660
- Stacy Anderson, RN

WIC Breastfeeding Counselors (Headland) 334-693-2220
- Angela Stevens, RD

**Houston County**

WIC Breastfeeding Counselors 334-678-2800
- Lakresha Tucker, RN
- Darlene Hicks, RD

Southeast Alabama Medical Center, 334-673-4141
- Marie Johnson, RN, IBCLC
- Beth Turner RN, IBCLC

Flowers Hospital 334-794-5000, Ext. 1280

Prenatal Breastfeeding Classes
- Southeast Alabama Medical Center 334-673-4141
- Flowers Hospital 334-794-5000, Ext. 1210

La Leche League Contacts
- 334-377-3811

Postpartum Breastfeeding Support
- Southeast Alabama Medical Center, 334-673-4141

**Jackson County**

WIC Breastfeeding Counselors
- Dianne Ashmore, RN 256-259-4161
- Lauren Jett, RD 256-582-3202

Highlands Medical Center 256-218-3340
- Haley Bunch, RN, IBCLC

Other Counselors
- Crystal Terry, MA, CLC
  Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes
- Jackson County Health Dept. 256-259-4161
- Highlands Medical Center 256-218-3340 or 256-259-4444, ext 3340

La Leche League Contacts
- Jana, 256-455-4746

**Jefferson County**

WIC Breastfeeding Counselors

Central Health Center 205-930-1482
- Natalie Clements, RD, LD

Eastern Health Center 205-930-1482
- Natalie Clements, RD, LD

Western Health Center 205-715-6142
- Cheryl Hill, RD, LD
Jefferson County

Brookwood Medical Center
(Kaye Dahle Lactation Center)
205-877-1978
- Connie Carlisle, RN, IBCLC
- Jan Nichols, RN, IBCLC
- Joy Riddle, RN, IBCLC
- Laura Carrell, RN, IBCLC
- Caroline Pillsbury, RN, IBCLC
- Alexis Vakakes, RN, IBCLC
- Amanda Helms, RN, IBCLC
- Emily Gibson, RN, IBCLC
- Pat Hronek, RN, IBCLC
- Susie Atchison, RN, IBCLC
- Marcella Bennett, RN, IBCLC
- Hayley Tucker, RN, IBCLC
- Amanda Cloninger, RN, IBCLC
- Brandie O’Neal, RN, IBCLC
- Kallie Frandsen, RN, IBCLC

UAB Women and Infant Center
205-975-8334
- Barbara Vinson, MS, RN, IBCLC
- Donna Mason, RN, IBCLC
- Kristy Gullidge, MS, RN, IBCLC
- Cheryl Smith, RN, IBCLC
- Angela Shorter, RN, IBCLC

UAB Women and Infant Center
205-975-8334
- Anna Koopman, RN, IBCLC
- Joyce Roberson, RN, IBCLC
- Kimberly Scott, RN, IBCLC
- Latonya Robinson, RN, IBCLC
- Lisa Schnader, RN, IBCLC
- Martha Hackney, RN, IBCLC
- Mary K. Buzhardt, RN, IBCLC
- Katie Kretzschmar, RN, IBCLC

UAB Medical West
205-481-7180

Jefferson County

St. Vincent’s East
205-838-3640
- Jeanni Orazine, RN, IBCLC
- Gail Burns, RN, BS, IBCLC

St. Vincent’s Hospital
205-939-7538
- Rosie Miller, RN, IBCLC
- Heidi Powell, RN, IBCLC
- Sandra King, RN, IBCLC
- Judy Smith, RN, IBCLC
- Lindsey Hughes, RN, IBCLC
- Lisa Carboni, RN, IBCLC
- Jenny Mizzell, RN, IBCLC
- Laurie Wilkins, RN, IBCLC
- Paige Riggins, RN, IBCLC
- Katherine Stockman, RN, IBCLC

Children’s Hospital
205-638-6600
- Jeanette Tw, RDN, IBCLC
- Jenny Mizzel, RN, IBCLC
- Laura Blackburn, RN, IBCLC
- Laura Ward, MS, RDN, IBCLC

Grandview Medical Center
205-971-1000

Baptist Medical Center Princeton
205-783-7174
- Marcia Davis, RNC, IBCLC

Prenatal Breastfeeding Classes
- Trinity Medical Center
  205-592-1684
- Brookwood Medical Center
  205-877-1978
- St. Vincent’s East
  205-939-7878
  205-838-3640
- Dial- A- Nurse
  St. Vincent Birmingham
  205-939-7878 or 205-212-6667
Jefferson County

Prenatal Breastfeeding Classes
- Shelby Baptist Medical Center
  205-620-8262
- UAB Women and Infant Center
  205-975-8334

Breast Pump/Supplies
- Jefferson County Health Department
- Brookwood Medical Center
  205-877-1978
- St. Vincent’s Hospital
  205-212-6667
- St. Vincent’s East
  205-838-3640

Postpartum Breastfeeding Support Groups
- UAB Women and Infant Center
  205-975-8334
- Brookwood Medical Center 205-877-1978
- St. Vincent’s Hospital 205-939-7538

La Leche League Contact (Birmingham South)
- Dawn 205-988-0594
- Jackie 361-648-9329
- Kris 205-520-6672

Lauderdale County

WIC Breastfeeding Counselors
256-764-7453
- Danna Rutz, RD, LD

Eliza Coffee Memorial Hospital
256-768-9525
- Jennifer Cross, RN, IBCLC
- Emily Broussard, RN, IBCLC

Other Counselors
- Rosanna Ledbetter, RN, IBCLC
  OB-Gyn Associates of NW AL
  256-718-5900

La Leche League Contacts
- Katie 256-443-0754
- Alisha 256-436-5867

Lawrence County

WIC Breastfeeding Counselors
- Cathy Sanderson, RN 256-974-1141
- Danna Rutz, RD 256-765-7545

Other Counselors
- Crystal Terry, MA, CLC
  Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

Lamar County

WIC Breastfeeding Counselors
295-695-9195
- Pam Lindsey, RN
- Leigh Ann Colvin, RD
Lee County

WIC Breastfeeding Counselors
334-745-5765
- Breann Papay, NA

East Alabama Medical Center,
334-528-3709
- Angela Hamby, RN, IBCLC
- Cheryl Adams, RN, IBCLC

Other Counselors
- Jessica-Lauren Newby, MA, RD, IBCLC
  334-844-2591 Auburn University

Prenatal Breastfeeding Classes
- East Alabama Medical Center,
  334-528-3709

Postpartum Breastfeeding Support Groups
- East Alabama Medical Center
  334-528-3709

La Leche League Contact
- Josie 334-257-3950
- Marcie 205-746-5530

Limestone County

WIC Breastfeeding Counselors

Limestone County

Postpartum Breastfeeding Support Groups
- Athens-Limestone Hospital Contact Glenni Lorick-256-658-8210

Lowndes County

WIC Breastfeeding Counselors
334-548-2564
- Sharon Perdue, NA

Macon County

WIC Breastfeeding Counselors
334-727-1800
- Tracey Johnson, NA

Madison County

WIC Breastfeeding Counselors
- Kashera Sims, RD  256-533-8695
- Sheryl Gilbreath, NA 256-533-0826

Huntsville Hospital Women’s & Children
256-265-7285
- Kelly Shewbart, RN, IBCLC
- Cindy Gill, RN, IBCLC
- Elizabeth Jennings, RN, IBCLC
- Carolyn Black, RN, IBCLC
- Melissa Cote, RN, IBCLC
- Celia Sweatman, RN, IBCLC
- Shannon Blaine, RN, IBCLC
- Vickie Johnston, RN, IBCLC
- Brenda Hall, RN, IBCLC

Crestwood Maternity Center
256-880-4250
- Densie Firman, RN, IBCLC
- Christy Beitel, RN
- Jane Mitchell, RN, IBCLC
Madison County

Madison Hospital
256-265-5651
• Stacy Ramirez, RN, IBCLC
• Kristine Taff, RN, IBCLC
• Anne Sheaves, RN, IBCLC

Other Counselors
• Glenni Lorick, IBCLC 256-489-2590
• Melissa Florence, IBCLC 256-489-2590

Prenatal Breastfeeding Classes
• Madison County Health Department 205-533-0826
• Huntsville Hospital Women’s Center 256-265-7440
• Crestwood Maternity Center 256-830-0283
• A Nurturing Moment 256-489-2590

Breast Pump/Supplies
• Huntsville Hospital Women’s Center 256-265-7285
• A Nurturing Moment 256-489-2590
• Posh Mommy 205-722-3181

Postpartum Breastfeeding Support Groups
• Huntsville Hospital Women’s Pavilion 256-265-7285
• Crestwood Women’s Center 256-429-5250
• A Nurturing Moment 256-489-2590 (Glenni)
• Madison Hospital 256-265-5651

Marion County

WIC Breastfeeding Counselors
205-921-3118
• Paige Taylor, RN

Other Counselors
• Crystal Terry, MA, CLC Community Action Partnership of North Alabama-Head Start 256-260-3140 or 256-278-6788

Marshall County

WIC Breastfeeding Counselors
256-840-3465
• Sherre Goble, RN

Marshall Medical Center South
256-840-3465
• Sherre Goble, RN

Marshall Medical Center North
256-571-8263
• CourtNie Chaffin, RN, CLC
• Michelle Aldaz, RN, CLC

Marengo County

WIC Breastfeeding Counselors
334-295-4205
• Tina Parker, NA

Other Counselors
• Crystal Terry, MA, CLC Community Action Partnership of North Alabama-Head Start 256-260-3140 or 256-278-6788

La Leche League Contacts
Huntsville Group
• Rachael 512-560-8609
• Stephanie 205-234-5792
• La Leche League-Madison Stephanie- 256-348-9700

Marengo County

WIC Breastfeeding Counselors
334-295-4205
• Tina Parker, NA

Other Counselors
• Crystal Terry, MA, CLC Community Action Partnership of North Alabama-Head Start 256-260-3140 or 256-278-6788

Marshall County

WIC Breastfeeding Counselors
256-840-3465
• Sherre Goble, RN

Marshall Medical Center South
256-840-3465
• Sherre Goble, RN

Marshall Medical Center North
256-571-8263
• CourtNie Chaffin, RN, CLC
• Michelle Aldaz, RN, CLC
Marshall County

Other Counselors
- Crystal Terry, MA, CLC
  Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes
- Courtnie Chaffin, RN, CLC
  Marshall Medical Center North
  256-753-8263
- Sherre Goble, RN
  Marshall Medical Center South
  256-840-3439

Breast Pump/Supplies
- Fitting Your Needs
  256-878-0105

Mobile County

WIC Breastfeeding Counselors
- Meridith Gardner, IBCLC
  251-690-8829

Mobile Infirmary Medical Center
251-435-2525
- Sandy Wallace, RN, IBCLC
- Melissa Blevins, RN, IBCLC
- Emily Williams, RN, CLC
- Ina Hall, RN

Providence Hospital
251-633-1749
- Marcia Ranew, RN, BS, CCE, IBCLC
- Jennifer Zirlott, RN, CLC

University South Alabama Children’s and Women’s Hospital
251-415-1285
- Tammy Doherty, RN, IBCLC
- Ann Slaughter, RN, IBCLC

Mobile County

Springhill Memorial Hospital
251-460-5207
- Eileen Lenoir, IBCLC

Other Counselors
- Marcia Ranew, RN, IBCLC
  Providence Hospital
  251-633-1749
- Sandy Wallace, RN, IBCLC,
  Mobile Infirmary 251-435-2525

Prenatal Breastfeeding Classes
- Mobile County Health Dept.
  251-690-8906
- Eileen Lenoir, IBCLC, Springhill Memorial Hospital
  251-460-5207
- Mobile Infirmary 251-435-2525
- USA Children’s and Women’s Hospital
  251-415-1069

Breast Pump/Supplies
- Mobile Infirmary
  251-435-2525
- Springhill Memorial Hospital Pharmacy
  251-460-3870
- Children’s and Women’s USA Gift Shop
  251-415-1543
- Providence Home Medical Services
  251-633-7491

Postpartum Support Groups
- Mobile County Health Department
  Meredith Gardner- 251-690-8986
- USA Children’s and Women’s Hospital -251410-4517 (Genevieve)

La Leche League Contacts
- Sarah- 850-843-4601
Monroe County

WIC Breastfeeding Counselors
251-575-3109
• Rachel Todd, RD

Monroe County Hospital
251-743-7355
• Cindy Jones, RN, IBCLC

Postpartum Breastfeeding Support Groups
• Monroe County Hospital
  251-743-7458 (Cindy)

La Leche League Contacts
• Heather
  251-862-2663
  Jennifer, 251-248-2780

Montgomery County

WIC Breastfeeding Counselors
334-293-6450
• Tina Allen, RD
• Sharon Perdue, NA

Eastbrook Training Clinic,
334-270-9263
• Carmalita Green, RD, LD

Health Services, 334-834-5811
• Cassie Hooks, RD

Baptist Medical Center East,
334-244-8360
• Psyche Wilburn, RN, IBCLC
• Linda Veach, RN, IBCLC
• Jill Buck, RN, IBCLC
• Tisha Powell, RN, IBCLC
• Ferron Yarbrough, RN, IBCLC
• Diana Cleveland, RN, IBCLC

Montgomery County

Jackson Hospital, 334-293-8497
• Liz Owen, RN, IBCLC
• Pam Mathews, RN-MNN, IBCLC

Baptist Medical Center, South
334-286-2829
• Rebekah Lewis, RN, CLC, IBCLC
• Shannon Wiebe, RN, IBCLC

Prenatal Breastfeeding Classes
• Baptist Medical Center East
  334-244-8360
• Liz Owen, RN, IBCLC
  Jackson Hospital
  334-293-8497

Breast Pump/Supplies
• Jackson Hospital Gift Shop
  334-293-8821
• Baptist East Gift Shop
  334-244-5077

Postpartum Breastfeeding Support Groups
• Baptist Medical Center East
  334-244-8360

La Leche League Contacts
• Alina,
  LLL.Montgomery.AL@gmail.com
Morgan County

WIC Breastfeeding Counselors
256-560-6574
- Geraldine Remisse, RD

Decatur Morgan Hospital
256-341-2966 or 256-341-3455
- Britteny Hood, RN, IBCLC
- Brandi Casteel, RN

Other Counselors
- Rose Marie Sledd, IBCLC
  256-351-8151
- Crystal Terry, MA, CLC
Community Action Partnership of North Alabama-Head Start
  256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes
- Morgan County Health Dept.
  256-560-0611
- Parkway Medical Center Pavilion for Women & Children
  256-301-3393 or 256-301-3499
- Decatur General Women’s Center
  256-341-2966

Prenatal Breastfeeding Classes
- Debra Miller, Decatur OB/GYN
  205-353-0178

Breast Pump/Supplies
- Fitting Your Needs
  256-878-0105

Postpartum Breastfeeding Support Groups
- Decatur General Women’s Center
  256-341-2966 or 256-341-3435
- Breastfeeding Resource Hotline
  256-341-3435

La Leche League Contacts
- Meredith -256-616-2344
- Bethany -256-345-2677

Perry County

WIC Breastfeeding Counselors
(Marion) 334-638-6155
- Jane Neill, RD

WIC Breastfeeding Counselors
(Uniontown) 334-628-6226
- Jane Neill, RD

Breast Pump/Supplies
- Perry County Health Department

Pickens County

WIC Breastfeeding Counselors
205-367-8157
- Dorinda Jones, NA
- Sailaja Reddy, RD

Pike County

WIC Breastfeeding Counselors
334-566-2860
- Jody Lee, RD

Prenatal Breastfeeding Classes
- Pike County Health Dept.
  334-566-2860

Randolph County

WIC Breastfeeding Counselors
334-863-8981
- Jenny Adama, RD

Prenatal Breastfeeding Classes
Russell County

WIC Breastfeeding Counselors
334-297-0251
• Kourtni Mitchell, NA

Russell Medical Center
256-329-7100
• Jennifer Shurette, RN, IBCLC

St. Clair County

WIC Breastfeeding Counselors
(Ashville) 205-594-4919
• Jennifer Kujan, RD

WIC Breastfeeding Counselors
(Pell City) 334-338-3357
• Jennifer Kujan, RD

Shelby County

WIC Breastfeeding Counselors
205-685-4197
• Laura Griffin, RD, LD
• Suzanne Walker, NA
• Juanita Wooley, RD

Shelby Baptist Medical Center
205-620-8262
• Vicki Tittle, RN, IBCLC
• Amy Lee, RN,

La Leche League Contacts
• Alicia, 205-884-0804

Sumter County

WIC Breastfeeding Counselors
205-652-7972
• Jane Neill, RD
• Dorinda Jones, NA

Talladega County

WIC Breastfeeding Counselors
(Sylacauga) 205-249-3807
• Blair Sims, NA

WIC Breastfeeding Counselors
(Talladega) 256-362-2593
• Anna Keith, RD

Citizens Baptist Medical Center
256-761-4200

Prenatal Breastfeeding Classes
• Citizens Baptist Medical Center
  256-761-4200
• Talladega County Health Dept.
  256-362-2593

Postpartum Breastfeeding Support Groups
• Brookwood Baptist Medical Center
  205-877-1978

Coosa Valley Baptist Medical Center
256-249-5539 or 256-249-5749
• Erica Martin
• Charlotte Hurst, RN

Other Counselors
205-543-0529
Central Alabama Lactation Services
• Heidi Powell, RN, IBCLC
• Jenny Mizzell, RN, IBCLC

Prenatal Breastfeeding Classes
• Shelby Baptist Medical Center
  205-620-8844
• Central Alabama Lactation Services
  205-453-0529

Postpartum Breastfeeding Support Groups
• Brookwood Baptist Medical Center
  205-877-1978

La Leche League Contacts
• Shaylea, 501-804-8483
• Dawn, 205-988-0594
• Erica, 205-222-0081
Talladega County

Breast Pump/Supplies
- Citizens Baptist Medical Center
  256-761-4200
- Coosa Valley Baptist Medical Center
  256-249-5749

Tallapoosa County

WIC Breastfeeding Counselors
  (Alex City) 256-329-0531
- Candelyn Harkins, NA

WIC Breastfeeding Counselors
  (Dadeville) 256-825-9203
- Candelyn Harkins, NA

Tuscaloosa County

WIC Breastfeeding Counselors
  205-562-6900
- Lee Ann Wagner, RD, LD
- Sailaja Reddy, RD, LD

WIC Breastfeeding Counselors
  (Maude Whatley) 205-562-6900
- Sandy Wilson, NA
- Sailaja Reddy, RD, LD

DCH Regional Medical Center
  205-750-5928
- Patti Kortbawi, RN, IBCLC
  205-750-5971
- Erin Kelly, RN, IBCLC
  205-750-5972
- Heidi Shields, RN, IBCLC
  205-750-5972

Tuscaloosa County

Northport Medical Center
  205-330-3031
- Jane Abel, RN, IBCLC
  205-330-3036
- Mary McAteer, RN, IBCLC
  205-330-3038
- Michelle Ray, RN, IBCLC
  205-330-3037

Mommy and Me-West Alabama Pediatrics
  205-752-7337
- Jerri Carisle, RN, IBCLC
- Kristyn Junkin, RN, IBCLC

Tuscaloosa Pediatrics
  205-333-8222
- Vickie Lyle, RN, IBCLC

Prenatal Breastfeeding Classes
- Tuscaloosa County Health Department
- Jane Abel, Northport Medical Center
  205-330-3037
- DCH Regional Medical Center
  205-750-5186
- Mommy and Me
  205-752-7337

Other Counselors
- Janise Norman, RN, IBCLC
  205-330-3037

Breast Pump/Supplies
- DCH Home Medical Equipment
  205-330-3177
- Babytalk
  205-333-1594

Postpartum Breastfeeding Support Groups
- Tuscaloosa County Health Dept.
  205-562-6900

La Leche League Contact
- Jessica: 205-410-1934
Walker County

**WIC Breastfeeding Counselors**
- **205-221-9775**
  - Leigh Ann Colvin, RD
**Walker Baptist Medical Center**
- **205-387-4858**
  - Cathy Bruce RN, IBCLC
**Other Counselors**
- **205-543-0529**
  - Central Alabama Lactation Services
  - Heidi Powell, RN, IBCLC
  - Jenny Mizzell, RN, IBCLC

**Prenatal Breastfeeding Classes**
- Central Alabama Lactation Services
  - **205-543-0529**

Washington County

**WIC Breastfeeding Counselors**
- **251-847-2245**
  - Megan Moore, RN

**Breast Pump/Supplies**
- Washington County Health Department

Wilcox County

**WIC Breastfeeding Counselors**
- **334-682-4515**
  - Shanna Huggins, RN
  - Kristy Wilkinson, RN
  - Gwen Kennedy, RN

**Breast Pump/Supplies**
- Wilcox County Health Department

Winston County

**WIC Breastfeeding Counselors**
- Jan Baughn, RN **205-489-2101**
- Kendra Whitley, RD **256-775-8535**

**Other Counselors**
- Crystal Terry, MA, CLC
  - Community Action Partnership of North Alabama-Head Start
  - **256-260-3140 or 256-278-6788**

**Breast Pump/Supplies**
- Winston County Health Department
# DISTRICT NUTRITION DIRECTORS AND COUNTIES

<table>
<thead>
<tr>
<th>Region</th>
<th>Director Name</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td><strong>East Central</strong></td>
<td>Alisa Champion, RD</td>
<td>334-293-6483</td>
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<td>District Nutrition Director</td>
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<td></td>
<td>Autauga</td>
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<td><strong>Jefferson</strong></td>
<td>Jeanne Baker, RD</td>
<td>205-930-1536</td>
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<tr>
<td><strong>Mobile</strong></td>
<td>Amanda Arnold, MS, RD</td>
<td>251-410-5775</td>
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<td>District Nutrition Director</td>
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<td><strong>Northeastern</strong></td>
<td>Reba Brannan, MPH, RD</td>
<td>205-685-4177</td>
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<td>Amy Minish, RD</td>
<td>256-237-7523</td>
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<td>Cleburne</td>
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</tbody>
</table>
Northern
Jessie Simmons, MS, RD 256-340-2113
Nutrition Director
Colbert Limestone
Cullman Madison
Franklin Marion
Jackson Marshall
Lauderdale Morgan
Lawrence Winston

Southeastern
Darlene Hicks, MS, RD 334-393-5541
District Nutrition Director
Barbour Dale
Butler Geneva
Coffee Henry
Covington Houston
Crenshaw Pike

Southwestern
Sharon Eiland, RD 251-947-1645
District Nutrition Director
Baldwin Escambia
Choctaw Marengo
Clarke Monroe
Conecuh Washington
Dallas Wilcox
Covington

West Central
Renee Cole, RD 205-554-4515
Nutrition Director
Bibb Perry
Chilton Pickens
Fayette Sumter
Greene Tuscaloosa
Hale Walker
Lamar